

Disability Attitudes and Actions Checklist

Attitudes and Actions	Yes	No	Comments
Attitudes			
I do not pity persons with disabilities	<input type="checkbox"/>	<input type="checkbox"/>	
I feel as comfortable around disabled persons as I do non-disabled persons	<input type="checkbox"/>	<input type="checkbox"/>	
When I think of someone I know with a disability, I can quickly name many qualities about them unrelated to their disability	<input type="checkbox"/>	<input type="checkbox"/>	
I am aware that one person with a disability is far different than another person with the same disability	<input type="checkbox"/>	<input type="checkbox"/>	
I recognize that all people, disability or not, have their own communication style, strengths, and weaknesses	<input type="checkbox"/>	<input type="checkbox"/>	
I realize that society plays a major role in imposing barriers for disabled people	<input type="checkbox"/>	<input type="checkbox"/>	
I reflect on how my views and attitudes have been shaped by societal biases	<input type="checkbox"/>	<input type="checkbox"/>	
I value disabled persons as much as I do non-disabled persons	<input type="checkbox"/>	<input type="checkbox"/>	

Attitudes and Actions	Yes	No	Comments
Do your actions match your attitudes?			
My actions and the views I publically express match the ones expressed here	<input type="checkbox"/>	<input type="checkbox"/>	
I have not tried to avoid someone because of their disability	<input type="checkbox"/>	<input type="checkbox"/>	
I correct negative misconceptions people express about disabled persons and disability	<input type="checkbox"/>	<input type="checkbox"/>	
When communicating with a disabled person, my tone of voice and gestures are not pitying or patronizing	<input type="checkbox"/>	<input type="checkbox"/>	
The conversations I have with people about disability or disabled persons are not focused on how tough life must be with a disability	<input type="checkbox"/>	<input type="checkbox"/>	
I will reflect on my responses to this checklist	<input type="checkbox"/>	<input type="checkbox"/>	